



FEBRUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Zumba 0615-0700 P90X 1115-1500 Divorce Support Room 2-1-54 1130	2 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300 Massage by Appt	3 Yoga 0615-0700 P90X 1115-1500	4
5	6 Step 0615-0700 P90X 1115-1500	7 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300	8 Zumba 0615-0700 P90X 1115-1500	9 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300 Massage by Appt	10 Yoga 0615-0700 P90X 1115-1500	11
12	13 Step 0615-0700 P90X 1115-1500	14 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300 Valentines Day in the ITR 0900-1500 Flowers & Cards	15 Zumba 0615-0700 P90X 1115-1500 Parents Circle Room 2-1-54 1130	16 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300 Massage by Appt	17 Yoga 0615-0700 P90X 1115-1500	18
19	20 ALL MWR OFFICES CLOSED	21 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300 Fitness Lunch & Learn PGR 1130-1230	22 Zumba 0615-0700 P90X 1115-1500	23 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300 Massage by Appt	24 Yoga 0615-0700 P90X 1115-1500	25
26	27 Step 0615-0700 P90X 1115-1500	28 Strength Training 0615-0700 Pilates 1115-1200 Yoga 1205-1300 Kinship Care – Room 2-1-54 1130	29 Zumba 0615-0700 P90X 1115-1500 FAP Lunch & Learn Women and Money Oak Rom 1130			